



CLASS 1 DISTRICT 8 DISTRICT TRACK & FIELD

MAY 9, 2026

@ WORTH COUNTY R-III

GENERAL GUIDELINES

- A rolling schedule shall only be used in the case of inclement weather.
- Implement weigh-in 8:45AM (weight room)
- Coaches meeting 9:00AM (wood shop)
- Poles will be inspected at the PV site.

FIELD EVENTS

9:30 AM	11:30 AM	1:30 PM
Shot Put (Boys)	Javelin (Boys)	Discus (Boys)
Triple Jump (Girls)	Discus (Girls)	Shot Put (Girls)
Pole Vault (Girls)	Triple Jump (Boys)	Pole Vault (Boys)
Javelin (Girls)	Long Jump (Girls)	High Jump (Girls)
High Jump (Boys)		Long Jump (Boys)

RUNNING EVENTS

Start	Gender	Event
10:30 AM	Boys	4x800m Relay
	Girls	4x800m Relay
11:00 AM	Boys	100m Hurdles
	Girls	110m Hurdles
11:25 AM	Boys	100m Dash
	Girls	100m Dash
11:40 AM	Boys	4x200m Relay
	Girls	4x200m Relay
12:05 PM	Boys	1600m Run
	Girls	1600m Run
12:20 PM	Boys	4x100m Relay
	Girls	4x100m Relay
12:40 PM	Boys	400m Dash
	Girls	400m Dash
1:00 PM	Boys	300m Hurdles
	Girls	300m Hurdles
1:20 PM	Boys	800m Run
	Girls	800m Run
1:30 PM	Boys	200m Dash
	Girls	200m Dash
1:55 PM	Boys	3200m Run
	Girls	3200m Run
2:25 PM	Boys	4x400m Relay
	Girls	4x400m Relay



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510 EAST AVENUE
GRANT CITY, MO 64456

